

A person wearing a long, flowing white robe and sandals is walking on a sandy beach. The person's feet and lower legs are visible, and the sand is light-colored. The background is a soft, out-of-focus landscape.

# FOLLOWING JESUS

## DISCIPLE-MAKING and MOVEMENT-BUILDING

**DISCIPLES** are protégés, learners or apprentices to Jesus who multiply disciples by following His methods, cultivating His movement, preparing people for His coming. So a disciples is a person who in every way is becoming more like Jesus!

**MOVEMENTS** occur where disciples of Jesus mingle, sympathise, meet needs, invite and make disciples who multiply within their relational or community streams!

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# DISCOVERY BIBLE READING

A simple effective reading plan—whatever your knowledge or experience of Jesus.

- Friends meet to read stories of Jesus (the gospel of Mark is a good start).
- One person prays this prayer:

*“Dear God, please guide us. Thank You.”*

- Start at the beginning, reading one story at a time.
- Read each story through twice, then retell the story in your own words.

Discuss the story using 5 questions:

1. What is new?
  2. What surprises you?
  3. What don't you understand?
  4. What will you obey or apply?
  5. What will you share with someone this week?
- Plan when to meet to read again.
  - Pray for each other, something like this:  
*“Dear God, Thank You for Your Word.  
Help us to follow You. Amen.”*

## IDEAS—SUGGESTIONS

- If you don't understand something, don't argue—you will read more!
- Invite other people to join you.
- Give each person a bookmark.
- Encourage others to form groups.

## WHEN YOU MEET TO READ AGAIN

You could ask:

1. Who have you met or caught up with?
2. What two things did you learn?

Review:

1. How did we go applying the insights?
2. How did we go sharing?

Then continue to the next story!