



REST IN CHRIST

SABBATH SCHOOL 3RD QUARTER 2021

Follow these simple steps

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1. Ask the Holy Spirit to guide the group
2. Read the key stories twice, then one retell the story in their own words
3. Then discuss following questions:

What is new?

What surprises you?

What don't you understand?

What will you obey/apply?

What will you share with another this week?

1. LIVING IN A 24/7 SOCIETY

Deuteronomy 5:12-15, Mark 6:30-44, Genesis 1:26-2:3

2. RESTLESS & REBELLIOUS

1 Corinthians 10:1-14, Numbers 11:10-17, Numbers 14:11-24

3. THE ROOT OF RESTLESSNESS

Matthew 10:26-39, Luke 12:13-21, Matthew 23:1-13

4. THE COST OF REST

2 Samuel 12:1-14, 1 John 1:5-2:6, Psalm 51:1-19

5. "COME TO ME . . ."

Matthew 11:20-30, Galatians 6:1-10, Galatians 4:21-5:1

6. FINDING REST IN FAMILY TIES

Hebrews 11:8-22, Ephesians 5:21-6:13, Genesis 39:1-23

7. REST, RELATIONSHIPS, & HEALING

Matthew 18:15-35, Luke 23:26-43, Genesis 50:15-26

8. FREE TO REST

Psalm 27:1-14, Mark 2:1-12, 1 Kings 18:41-19:8

9. THE RHYTHMS OF REST

Exodus 16:11-35, Psalm 92:1-15, Deuteronomy 5:12-15

10. SABBATH REST

John 5:7-18, Isaiah 58:1-14, Romans 6:1-14

11. LONGING FOR MORE

1 Corinthians 10:1-13, Hebrews 4:1-13, Galatians 3:15-29

12. THE RESTLESS PROPHET

Jonah 3:6-4:11, Luke 9:49-56, Jude 1-25

13. THE ULTIMATE REST

Hebrews 11:13-19, Revelations 14:6-20, Philipians 4:2-9